The Gender Insight Sessions

Mentoring for Coaches from the Fortlage Collective

This is for women who coach men, and men who coach women.

When your client's lived experience doesn't match your own, it can feel like something's just out of reach. Gendered experience often shapes how people lead, communicate, and respond—but it isn't always easy to see when it's not your experience.

That's where I come in.

Think of me as your behind-the-scenes insight partner.

I'm not your coach. I'm your guide. With over 25 years of leadership experience—and the rare perspective of having lived through two gendered realities—I offer something most coaches don't have access to: lived wisdom on how gender subtly, and sometimes powerfully, shapes the coaching space.

Whether you're navigating a tricky moment, sensing a blind spot, or simply want to deepen your range, our sessions are grounded in real-life scenarios and guided by your curiosity.

WHAT TO EXPECT:

- Bring a scenario. A client challenge, a curiosity, or something you're unsure how to name.
- I'll bring the lens. One leader. Two genders. Thirty mentorships. Certified. Confidential.
- You'll leave with clarity. Not coaching advice—but insight that strengthens your coaching.

Author of two forthcoming works: *Things I Wish Mothers Would Teach Their Sons About Women* and *50 Years of Male Thinking for Women*—written to help bridge gendered understanding through lived insight.

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INVESTMENT

Clarity Call (20 minutes):

A no-cost, no-pressure conversation to see if we're a good fit to work together. This isn't a session—it's a chance to explore alignment before you commit.

First session:

Your first session is based on an honour system—we simply match whatever rate you charge your own clients. I trust that you'll bring honesty to that exchange, just as I bring insight.

Ongoing mentoring:

You can continue with ongoing sessions at our prevailing ad-hoc rate, or choose a full-year package—starting at £3000. For full-year packages, you can choose to pay monthly or in full—whatever suits your rhythm.

This is work built on trust, honesty, and perspective—just like great coaching.

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